



### **Bell Schedule**

| Block 1 | 8:00 - 9:12   |
|---------|---------------|
| Block 2 | 9:16 - 10:28  |
| FLEX    | 10:28 – 10:57 |
| Block 3 | 11:01 – 12:13 |
| LUNCH   | 12:13 – 12:53 |
| Block 4 | 12:57 – 2:09  |
| Block 5 | 2:13 - 3:25   |

## FLEXpectations

FLEX is instructional time, not a break!



- >Go to one of your four classes
- ➤ No cell phone use
- ➤Only Grade 125 in the Grand Hall
- >Library is for quiet work only
- ➤ Where you start is where you finish, no moving from class to class

No homework? Read, Study, Review Madame Ferrer's CLC 12 class will meet in the library during Flex on Tuesday, November 19<sup>th</sup>

### WET PAINT

The visual arts class is painting the Port Moody Street Banners in the hallway by the art room 214, back entrance area. The temporary easel setup will be done by November 28<sup>th</sup>. Thank you for your understanding and patience. Please feel free to check us out as each banner transforms a little a day.

### Please be aware of WET PAINT



## International/ELL Student



Date: 12th December

Time: 8:30 AM - 3:30 PM

Activities: Granville Island, Cruise

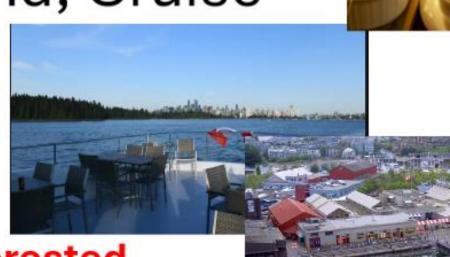
PLUS Holiday Buffet lunch

Cost: \$50

Limited spots available

Please see Ms. Lee (Room 245)

Or email alee@sd43.bc.ca if interested



## Volunteers Needed to Serve @Community Dinners

Who? Students interested in culinary or hospitality field/experience

What? Help with Community Dinner (some prep, serve, set up and take down)

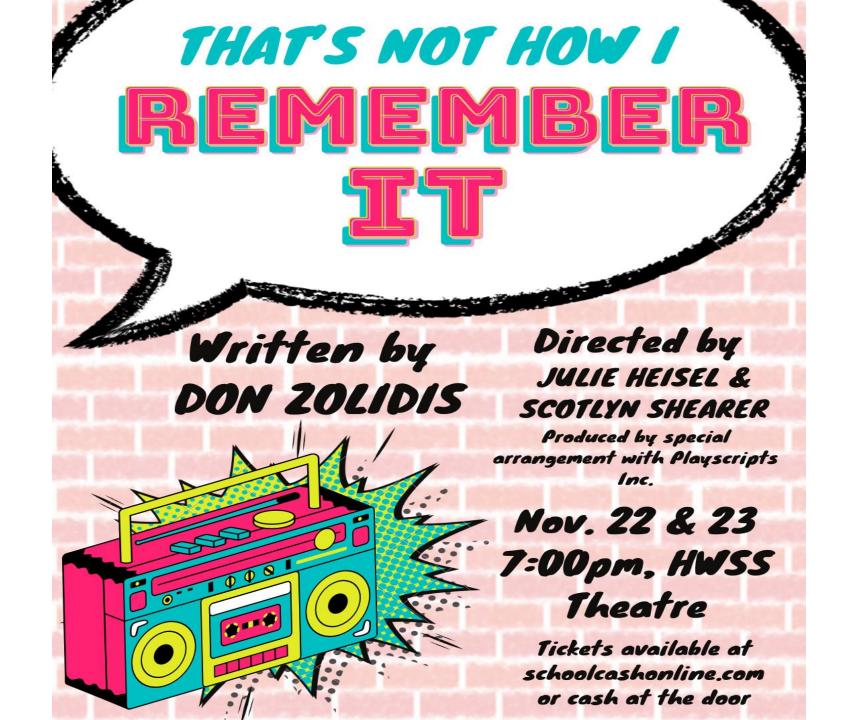
When? 4-7:30 PM, 3rd Wednesday every month

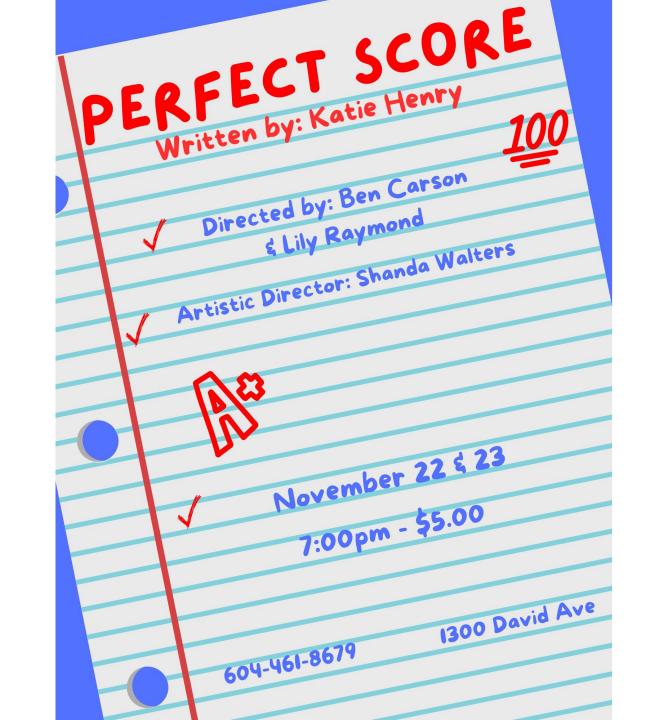
Where? St. Stephen's Church (near Lougheed Mall & Cameron Rec. Centre )

- +You will be learning and helping under the guidance of a Red Seal Chef
- +You are invited to partake in the community meal
- +Letters acknowledging volunteer hours and reference letters available

Email Chef Theresa Lum for more information: tmlum@hotmail.com







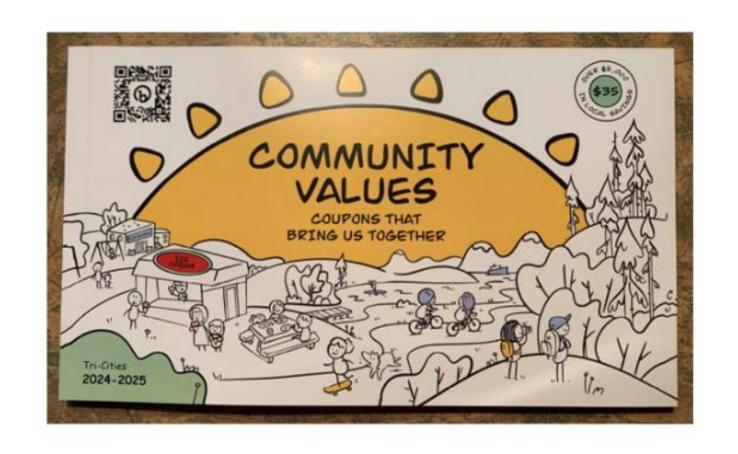


### Coupon Books

Thank you for the support of the music department

Our annual coupon book sale is over.

pick-up books in the music office 102 (105)





#### **Holiday Camp for Youth**

Monday, Tuesday and Friday, Dec 23-27 Mon, Tues, Thurs and Fri, Dec 30-Jan 3 9am-3pm Recreation Complex Activities may include:

| Bowling     | Extreme<br>Air Park | Laser Tag |
|-------------|---------------------|-----------|
| Ice Skating | Sports              | Swimming  |

Visit portmoody.ca/signmeup to register NOW!

### Kodiak Pride

Every Tuesday lunch in room 216a

Safe space, snacks Find community

Join us for viewing of Heartstopper



# CLUBS



# PET PALS CLUB BLANKET DRIVE FOR PETS

DONATE BLANKETS TO KEEP PETS COZY AND COMFORTABLE DURING THE COLD WINTER SEASON!

FROM NOVEMBER 15, FRIDAY
TO NOVEMBER 29, FRIDAY
DELIVER BLANKETS IN THE BOX
BESIDE THE OFFICE



### Music - Sectional



# Calling all Junior and Intermediate Concert Band Clarinets

Sectional on:

Monday, Nov. 18

at the start of flex.

Attendance will be taken.

# KODIAK ATHLETICS



### Boys Field Lacrosse Practices



Tuesday, November 19 and Thursday, November 21

3:45 - 5:00 pm



# CAREER



#### National Portfolio Day at Emily Carr University



- Looking for a particular type of art schools?
- Showcase your artistic evolution! Visit with counsellors, admissions team members, and faculty from art and design schools for a portfolio review before applying to colleges or universities.
- When Nov 16, 2024 9:30am 3:00pm
- Location On Campus
- Emily Carr University of Art + Design
- 520 E 1st Ave, Vancouver, BC, V5T 0H2 See on Map
- Open to Public? Yes
- Pre-register is available on the Emily Carr following side.
- https://www.ecuad.ca/events/national-portfolio-dayat-ecu